



# 2017 Summer Camps

Three, one-week camps for all levels

## School-age day camps: Ages 5 – 12 years

Red Phoenix Tae Kwon Do is proud to offer six, full-day week-long summer camps. We have camps for beginner-level students (new students, and yellow stripe belt students), as well as camps for Intermediate (Yellow Belt to Green belt) and Advanced (Green Belt and higher) students.

Each structured day from 9:00 – 4:00 p.m. features a balanced mix of tae kwon do fundamentals, poomsae, advanced and demonstration kicks, video analysis of poomsae and sparring, non-contact 'step' sparring, history of tae kwon do, demonstrations from special guests, and other exciting martial arts activities.

### Tae Kwon Do camps:

- \$219/week+GST (current students); \$239/week+GST including uniform (new students)
- Week 1: July 10<sup>th</sup> - 14<sup>th</sup>, 2017
- Week 2: July 17<sup>th</sup> – 21<sup>st</sup>, 2017
- Week 3: July 24<sup>th</sup> – 28<sup>th</sup>, 2017
- Each week is limited to a maximum of 18 students, with a minimum of 5 students per week, so please register early.

### Daily schedule

- Drop off between: 8:30 – 9:00 am; Camp begins promptly at 9:00 a.m.
- Early drop off between 7:30 – 8:30 am available for \$5/day extra
- Lunch between 12:00 – 1:00; please bring a lunch, morning/afternoon snack, water bottle and a reading book.
- Pickup between 4:00 – 4:30 p.m.
- Swim afternoon will be scheduled weather permitting during the camp. Other outdoor activities also weather permitting.

### Promotion for current students:

We've added lots of exciting activities for the 2017 Summer camps, and look forward to seeing Red Phoenix tae kwon do students and their friends enjoy learning and sharing in tae kwon do activities! Bring a friend who's new to tae kwon do, or sign up for three weeks, and receive a free uniform.

**Please sign up with Master Cha and reserve a space today!**



**RED PHOENIX**

**Tae Kwon Do and Martial Arts**

#203, 2705 Centre Street N.W. • Calgary, AB • T2E 2V5

Phone: (403) 277-7937 • Fax: (403) 277-7932

info@redpx.com • www.redpx.com